



LOVE YOUR *gut*

with Dr. Heather Finley

Social Reach: 100K



Love Your Gut, hosted by Dr. Heather Finley, is helping thousands of women get to the root cause of their symptoms and redefine their gut health.

After years of struggling with her own health issues, Dr. Heather Finley completed a doctorate in Clinical Nutrition and has been on a mission ever since to help women find life changing and lasting solutions for their digestive issues. She's the doctor everyone comes to after every other treatment, regimen, and protocol has failed them.

Dr. Heather Finley provides real results with her cutting edge holistic methodology and she's giving you the inside scoop on how to finally heal every week. It's time to love your gut, so your gut will love you back.

Here are the topics I can speak on:

- 1 You're bloated, constipated and tired: the real causes
- 2 How restrictive diets may be making gut issues worse
- 3 So you've been diagnosed with SIBO, now what?
- 4 Your poop has all the answers: What your poop says about your GI symptoms
- 5 How to identify the actual causes of your bloating and GI symptoms



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